

Prevent Bullying at SDN Margosono as an Implementation of A Safe and Comfortable School Life

by Muyassarah Muyassarah

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Prevent Bullying at SDN Margosono as an Implementation of A Safe and Comfortable School Life

Muyassarrah^{1*}, Sawsan Arif Sya'bani², Erick Adisaputra Utama³, Dean Muhammad Daffa Karim⁴, Muhammad Danang Nur Romdhoni⁵, Dila Fadhilah⁶, Layla Rosida⁷, Ifany Nur Fatimatuz Zahro⁸, Latisha Putri Anintya⁹

¹⁻⁹ Walisongo Semarang State Islamic University, Indonesia
[*sawsanarif3@gmail.com](mailto:sawsanarif3@gmail.com)

⁸ Address: Jl. Walisongo No. 3-5, Tambakaji, District. Ngaliyan, Semarang City, Central Java 50185
sawsanarif3@gmail.com

Abstract. *As a second home, schools should be a safe and comfortable place for students to gain knowledge. However, a safe and comfortable environment is always overshadowed by a scary specter with the rampant cases of bullying that occur in the school environment. Bullying is an act carried out with the aim of hurting in the form of verbal, physical or psychological by someone who feels strong to someone who is weaker. This is the background to the socialization of bullying prevention at SDN Margosono. With several stages that have been carried out by the community service, it can be obtained that the socialization of bullying prevention can greatly reduce bullying activities that often occur in the school environment. This is proven by the evaluation carried out by the community service after the socialization that there were no more bullying cases because the students themselves understood the forms and impacts of bullying.*

Keywords: *Bullying, Elementary School, Student.*

⁹ **Abstrak.** Sebagai rumah kedua, sekolah seharusnya menjadi tempat yang aman dan nyaman bagi para siswa untuk menimba ilmu. Namun, lingkungan yang aman dan nyaman selalu dibayangi momok menakutkan dengan maraknya kasus bullying yang terjadi di lingkungan sekolah. Bullying merupakan tindakan yang dilakukan dengan tujuan menyakiti dalam bentuk verbal, fisik, maupun psikis oleh seseorang yang merasa kuat kepada seseorang yang lebih lemah. Hal inilah yang melatarbelakangi diadakannya sosialisasi pencegahan bullying di SDN Margosono. Dengan beberapa tahapan yang telah dilakukan oleh pengabdian masyarakat, dapat diperoleh hasil bahwa sosialisasi pencegahan bullying dapat sangat mengurangi kegiatan bullying yang sering terjadi di lingkungan sekolah. Hal ini dibuktikan dengan evaluasi yang dilakukan oleh pengabdian masyarakat setelah dilakukannya sosialisasi bahwa tidak ada lagi kasus bullying karena para siswa sendiri sudah memahami bentuk dan dampak dari bullying.

Kata kunci: Perundungan, Sekolah Dasar, Siswa.

1. INTRODUCTION

The thing that needs to be considered in the school environment is the behavior of its students. Because school is the second educational environment after the family. The school environment has quite serious problems, especially regarding the phenomenon of behavioral deviations such as bullying that occurs in the school environment. Bullying This is an act that is done with the intention of hurting in verbal, physical or psychological form by a person who feels strong to a weaker person. Not only that, in some cases, the form bullying can happen by isolating friends who are in the same social circle.

Even though it seems like a common thing, in reality bullying this is a fairly complicated problem because this act has long-term impacts on the victim, such as low self-esteem, deep depression, aggression, and so on. school refusal or children who refuse to go to school which can lead to dropping out of school (Azri Ranuwaldy, 2020).

As an educational institution, schools must be able to be a safe and comfortable place for their students, not a scary specter with cases of bullying in it. This bullying case is exacerbated by the school's attitude that considers teasing and fighting with friends to be normal. Teachers as the second parent of students at school have a big role in responding to bullying cases that occur in the school environment.

In line with the facts on the ground, especially those that occurred at SD N Margosono, students understanding of this form of bullying is still not widely known by its students. This is indicated by the many cases of bullying that still occur within the SDN Margosono school.

Therefore, it is necessary to conduct socialization regarding "STOP BULLYING" to provide education to all students at SD N Margosono regarding forms bullying, and the impact on the victim and the risks faced by the perpetrator.

2. METHOD

Community service activities in socialization STOP BULLYING at SD N Margosono, the educational delivery method is used, which is implemented in the SD N Margosono classroom.

This activity is carried out in four stages, namely; 1) Presentation of material. This is done by providing material regarding bullying widely and the risks and impacts on students of SD N Margosono. 2) Question and answer, at this stage several students provide their thoughts related to the material provided by the speaker. 3) Mentoring, this stage is a sharing session where students share stories about cases bullying what they have experienced and the devotees provide solutions to this so that this can minimize cases bullying. 4) Evaluation, this is the final stage. Where in this stage it is done to see the extent of the results obtained from this activity. (Lusiana Wulansari, 2023).

3. RESULTS AND DISCUSSION

Community service activities with the theme "Socialization of Understanding of Bullying/Bullyingin Elementary School Environment" was conducted in the SD N Margosono Classroom. This socialization was attended by approximately 78 students from SD N Margosono on July 30, 2024 from 10.00 – 11.30 WIB.



The background to holding this socialization is as a form of devotion in implementing the three points in the Tri Dharma of Education, namely research, teaching and devotion. In addition, there are stories from several SD N Margosono students who became victims bullying make us carry out this activity to eliminate cases bullying that occurred at SD N Margosono and made SD N Margosono a safe and comfortable school for students in it. The socialization activities were carried out in four stages, namely:

The first stage is the presentation of the material, this stage is an important stage where the speaker provides education about the forms bullying, the impact on victims of bullying, and prevention bullying.



The second stage is the question and answer stage, in this stage students are given the opportunity to ask the speaker about the material that has been presented by the speaker regarding cases bullying what happened was that several students asked whether the actions taken by their friends were included in the realm of criminal cases bullying or not.

The third stage is mentoring, at this stage students are given the opportunity to talk about things related to the case bullying that they have received or seen around them. The speaker then provides a solution to this. Because real-life practice will be more memorable than material that students may forget at any time.

The final stage is evaluation, at this stage the devotee will pay attention over the next few days to see whether the cases have been effectively reduced bullying which occurred at SD N Margosono. And the results according to the results of interviews with several students who have experienced bullying, this socialization has greatly reduced cases of bullying at Margosono Elementary School.

4. CONCLUSION

From the community service activities carried out at SD N Margosono, it can be concluded that the activities bullying that occur in the school environment can be prevented by providing education to students. Understanding of bullying this is something

that students must have to prevent the urge to cheat bully his own friends and increase the victim's understanding of what to do when experiencing bullying.

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